

DIZO Watch Pro



01

Design

02

Parameters

03

User guide

04

Features



Design

Stylish Watch Straps



Black



Space Blue

Choose from 2 lightweight and easy to wear liquid silicone watch straps

4.4cm (1.75") Large Color Touchscreen

Watch Clearly

- Size: 4.4cm (1.75")
- 320x385 resolution
- 600cd/m²(typ) Brightness

Large screen is able to display more information

HD resolution provides fine picture quality, vivid colors, pleasing the eye



User Friendly

- Support full-screen touch, touch responsive
- Interface interaction is simple and user-friendly

Easy to use



Magnetic Charging Base

Just put down the watch gently and it will start charging

Easier for you to charge your watch

DIZO Watch Pro supports **IP68 waterproof**

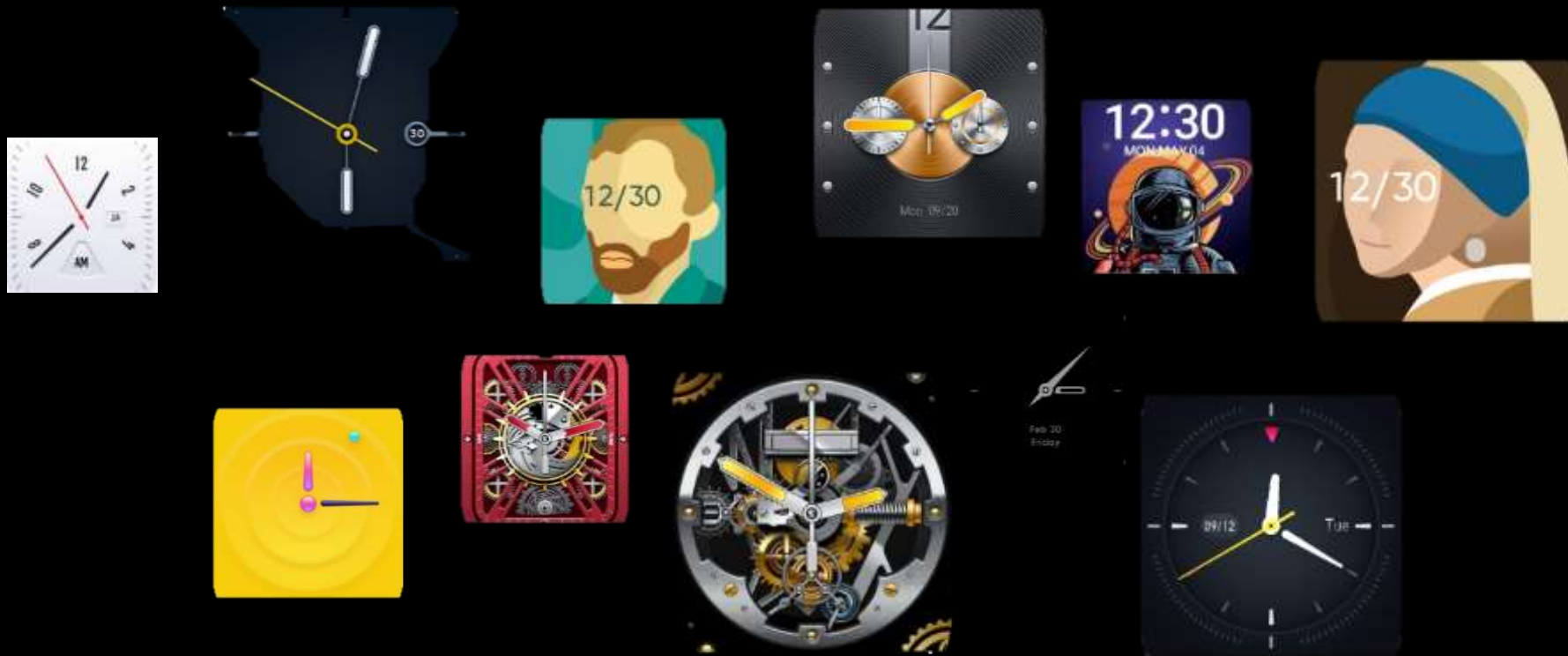


- **Static water**
- **30mins**
- **1.5m deep**

**Do not need to take off the watch when washing hands
Meanwhile, no need to worry about sweating when exercising**

100+ Stylish Watch Faces

There are **over 100** cool dials for DIZO Watch Pro (below are examples):



You can use for **3 months** without repeating ! DIZO Training



Parameters

Parameters



Category	Items	English
Appearance	Product Name (Marketing name)	DIZO Watch Pro
	Product Model (Internal name)	DW2112
	Color	Black/Space Blue
	Size	255.2*38.9*12.65mm (with wrist strap)
	Weight	40.0g (with wrist strap)
	Button	1 button
	Wristband type	Removable wrist strap
	Wristband width	22mm
	Wristband material	Silicon
	Adjustable wrist strap length	150-215mm
	shell material	PC
	Cover material	Panda Glass
Hardware	MCU	Apollo3 plus
	Flash	DS35M1GA-IB 1Gbit
	PSRAM	APS6404L-SQR-ZR 64Mbit
Screen	Display Type	TFT-LCD
	screen size	1.75"
	Resolution	320*385 pixel
	Number of screen colors	262K
	Screen luminance	600cd/m2
Watch faces	Touchscreen type	Touch:Full screen touch
	Live watch faces	Yes
Sensor	Watch faces	100+
	Accelerometer sensor	Sensors : 3-axis accelerometer (LIS2DH12TR)
	Geomagnetic sensor	NA
	Gyroscope sensor	NA
	Heart rate sensor	GH3011
Wearing monitoring sensors	GH3011+SFH7015	

Parameters



Category	Items	English
Battery	Charging Type	USB magnetic charge
	Theoretical charging time	≤2.5 hours
	Theoretical working time	14days (with 24 hours continuous heart rate ON)
	Battery capacity	390mAh
Features	Sport Functions	Outdoor Run, Outdoor Walk, Indoor Run, Outdoor Cycle, Aerobic Capacity, Strength Training, Football, Basketball, Pingpong, Badminton, Indoor Cycle, Elliptical , Yogo, etc.
	Health monitoring	Automated heart rate measurement, 24-hour heart rate measurement , resting heart rate, exercise heart rate , heart rate alert, blood oxygen measurement ,sleep detection, steps throughout the day, calories, distance, water reminder, sedentary reminder, activity records
	Other Features	music control, camera control, find phone, meditation, 12/24-hour, stopwatch, clock, weather forecast, date display, dial, cloud multi-dial, custom dial, OTA upgrade, multi-language UI interface, multi-language, multi-language UI interface, data storage, all-day data, call notification, message reminder, alarm reminder, step goal completion reminder, binding confirmation reminder, low battery reminder, brightness adjustment, shake adjustment, wear monitoring, lift wrist to wake screen, power saving mode, no disturb mode, quick settings, IOT Control(realme Link)

Parameters



Category	Items	English
Other	Vibration motor	Rotor motor GS-7225
	Water Resistance Rating	IP68
	Working temperature range	0 °C ~40 °C
	Storage temperature range	-20~60°C
	Pay	NA
	Bluetooth	BLE5.0
	APP	realme Link
	System Support	Android5.0 and above/iOS9.0 and above
	NFC	NA
	GPS	UBX-M8230-CT(GPS+GLONASS)
Packing list	Watch(with wrist strap) , Manual, Charging base	

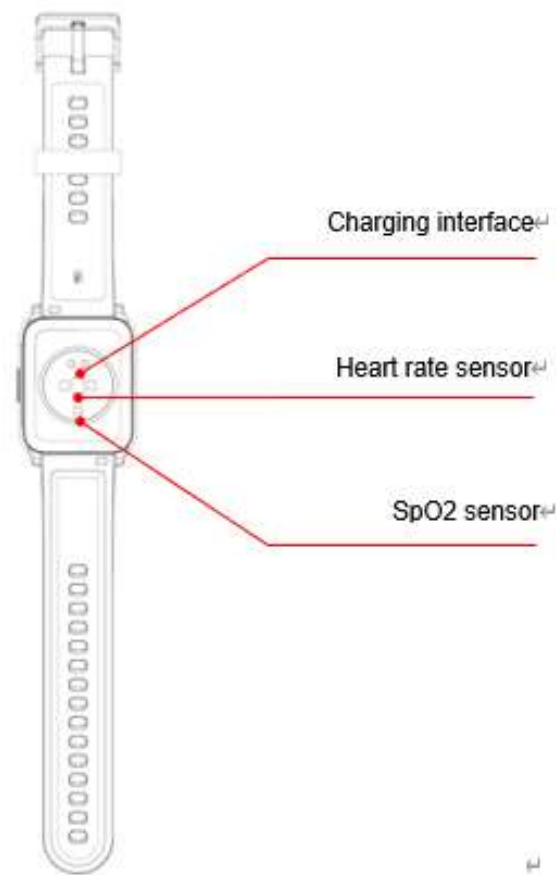
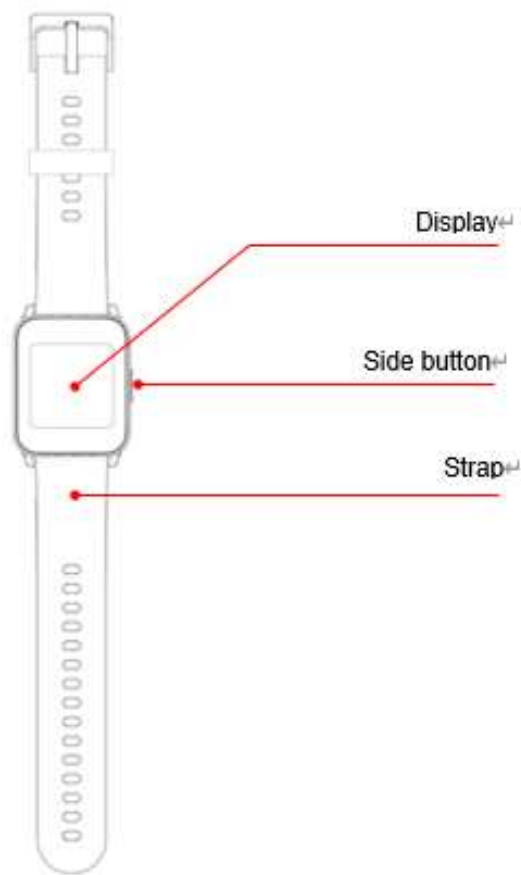


User Guide

User guide

DIZO

realme TechLife



User guide

Pairing

Install the "realme Link" APP, turn on your phone's Bluetooth. When the realme link APP makes a binding request, it asks you "Do you accept binding?", right swipe or press the key to return to the QR code interface, click , and enter the table after binding successfully.

Unbinding watch and realme link APP through the following ways:

- Start realme link APP, press and hold the watch name and delete the device, so as to unbind;
- Restore factory settings for the watch to unbind watch and realme link APP automatically.

Note : After unbinding and factory reset, all the data will be erased.



User guide

Power on/off

- In the shutdown mode, press and hold the power button (upper button) for 2 seconds, the watch will start automatically;
- After auto power-off due to low battery, the watch will start automatically once the charger is connected.



Forced restart

When the watch goes wrong during running, try to press and hold the power button for more than 10 seconds to restart the watch forcibly.

User guide

Basic Operations

Screen Gestures

- Swipe down to see notification ;
- Swipe up to see browse applications ;
- Swipe right on the dial page to open the Control Center ;
- Swipe left on the dial page to switch to another level page.



Side Button

- When the watch's screen is off, press the button to light up the screen;
- On the dial page, press to extinguish the screen
- On non-dial pages, press to return to the previous page
- Short press to pause/continue the movement during the movement
- In the dial page, long press for 3 seconds to pop up the shutdown and restart page
- A long press for 15 seconds will force the watch to restart

Firmware Update

Please upgrade the firmware of the watch through realme link APP push for a better experience.

- After the watch is connected to realme link APP, if there is a new firmware version, there will be a pop-up notification, please press “Upgrade”;
- Then, the firmware upgrade package will be downloaded;
- After the firmware upgrade package is downloaded successfully, the watch will enter the upgrade process automatically, and will restart automatically after successful upgrade;
- If the watch displays the main dial, the upgrade is completed.





Features



2 WEEKS

14 Days
Battery Life

390mAh
Large battery

The DIZO Watch Pro features a 390mAh big battery which can support for 14 days (2 weeks) battery life

90 Sport Modes

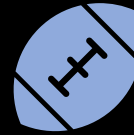
Support recording daily and weekly total exercise time and total calories burned.
It also supports recording the daily and weekly exercise duration and calorie consumption in a specific exercising mode.



Mountaineering



Kickboxing



American Football



Fencing



Dance



Pilates



Volleyball



Bowling



Skiing



Taekwondo



Fishing

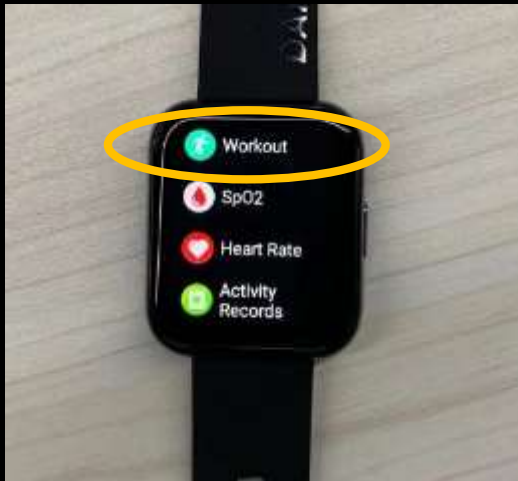


More

Recording

- Supports recording daily and weekly **total exercise time** and **total calories burned**
- Supports recording the daily and weekly **exercise duration** and **calorie consumption** in a specific exercising mode
- The record can also be checked on realme Link

How to use?



Turn on the Watch Pro and click “Workout”

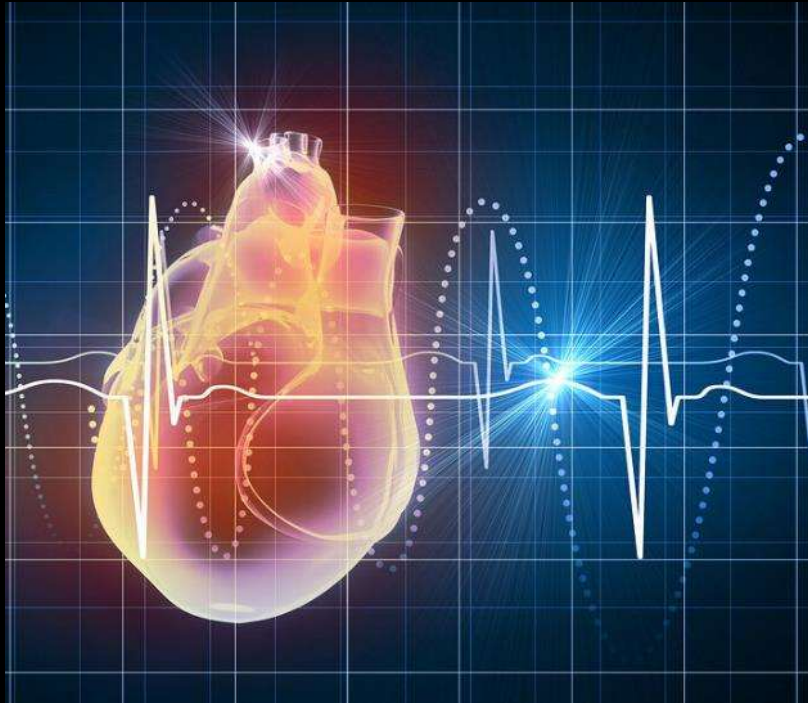


Choose the suitable mode

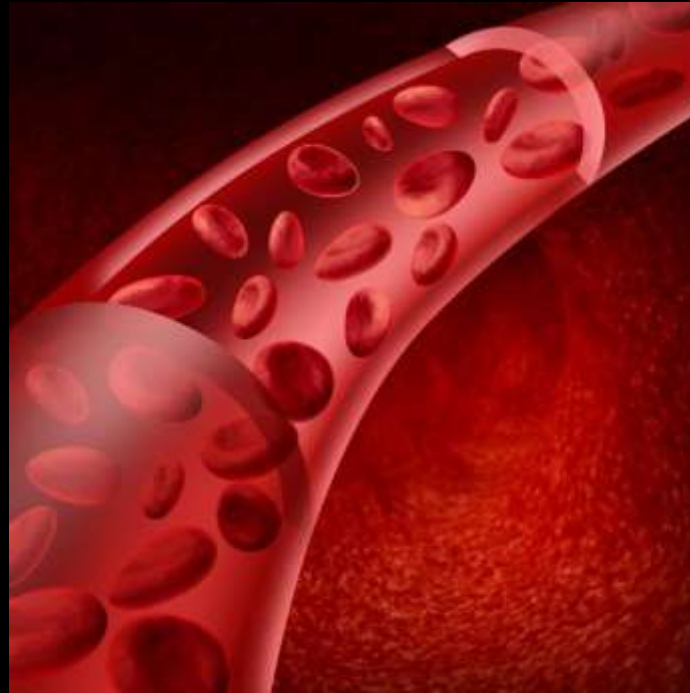


Recording stars

Watch Pro can help to conduct these three monitoring



Real-time Heart Rate Monitoring



Blood Oxygen Monitoring



Sleep Monitoring

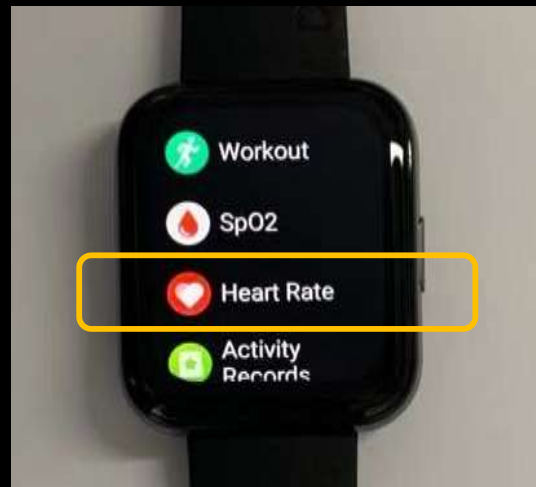
It is necessary to frequently monitor the physical condition

Real-time Heart Rate Monitor

Why is it important to monitor the heart rate?

- The heart rate shows the health situations of heart. Unusually high or low heart rates and irregular heart rhythms (known as arrhythmias) could be signs of a serious condition
- Adopting the advanced PPG sensor lets the watch can monitoring more precision than ever.

How to use ?



Click the “Heart Rate”



The watch starts measuring

Blood Oxygen Monitor

What is blood oxygen?

Blood oxygen level is the amount of oxygen circulating in the blood. It can be a comprehensive known reference data for medical treatment

Who need to pay attention to blood oxygen situation?



Snoring people



Excessive mental workers



Elderly or ventilator users



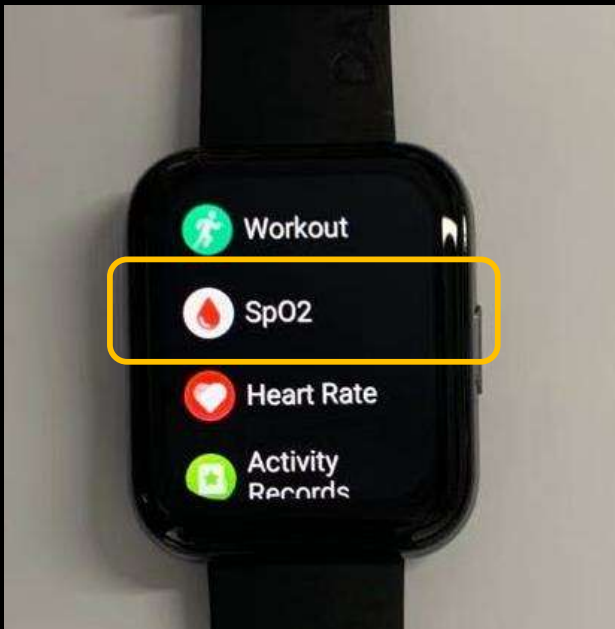
When drinking



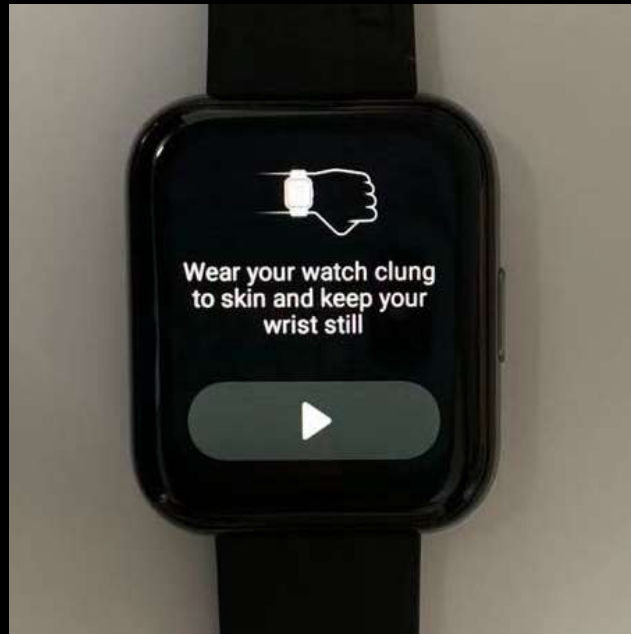
People in high altitude/plateau hypoxia environment

Blood Oxygen Monitor

How to use ?



Click the “SpO2”



Follow the instruction



The watch starts measuring



Sleep Monitor

Accurately record sleep information every night:

Deep sleep, shallow sleep, heart rate, and other data analysis

It helps you to adjust sleep habits and improve sleep quality

Health Reminder



Sedentary reminder

If you have been sitting for a long time, the watch will vibrate gently to remind you to take a walk and relax your body



Water drinking reminder

The watch vibrates regularly to remind you to drink water

High-Precision Dual-Satellite GPS

realme uses a high-precision and low-power GPS sensor for the first time

Glonass



Online at the same time

GPS



High Precision Dual Satellite
GPS(GPS+GLONASS) , 3 axis sensor , tracking
your move, according workout path, distance,
speed and location.

Smart Notification

Get all notifications on your watch



Call reminder



Message reminder



Alarm reminder



Weather forecast



Phone binding reminder



Low battery reminder



Goal achievement reminder

Real Quality

Push-button:

- Push-button click life: 200,000 times
- Watch straps replacement test: 5,000 times

Other tests:

- 5,000 times charging test
- 300 times 1 Meter drop test
- 168 hours 55°C/95%RH burn-in test

Every watch is rigorously tested for reliability before leaving the factory and its excellent quality allows you to use it worry free

SUMMARY

Design

- 4.4cm (1.75") Large Color Display
- 100+ Stylish Watch Faces
- Stylish Watch Straps
- IP68 Water Resistant

Sports Engine

- 90 Sports Modes
- Blood Oxygen Monitor
- Heart Rate Monitor
- Sleep Monitor
- Health Reminder

Large Battery

- 14 Days Battery Life
- 390 mAh Battery
- Magnetic Charging Base

Smart Use

- High-Precision Dual-Satellite GPS
- Smart Notification
- Real Quality

Thank you